Gondwana University, Gadchiroli

Home Economics

Foundation Course

B.A.I Semester I

Paper Name- General Home Economics

- 1. Introduction and Importance of Home Economics
- 2. Home Management: Meaning , Objectives and Process
- 3. Introduction of Textile
- 4. Identification of Household clothings
- 5. Self Employment Potential in Home Economics

Gondwana University,Gadchiroli Home Economics Foundation Course B.A.I Semester II Paper Name- General Home Economics

1. Nutrients

- i. Definition and importance of Nutrition
- ii. Essential Nutrients: Sources & Deficiency
- iii. Proteins
- iv. Carbohydrates
- v. Fats
- vi. Vitamins
- vii. Minerals
- 1. Child Development : Meaning and Importance
 - i. Growth & Development : Meaning and Importance
 - ii. Child Rearing Practices and its Need.

GONDWANA DIGITAL UNIVERSITY, GADCHIROLI

CHOICE BASED CREDIT SYSTEM SEMESTER PATTERN

FACULTY OF SOCIAL SCIENCES

HOME ECONOMICS

SYLLABUS FOR BA SEM I,II,

2017-2018

Gondwana University, Gadchiroli

SYLLABUS for UNDERGRADUATE LEVEL

[B. A.] HOME ECONOMICS

CHOICE - BASED GRADE CREDIT SEMESTER PATTERN SYLLABUS

Session : 2017 - 18

Onwards

Gondwana University, Gadchiroli SYLLABUS for UNDERGRADUATE LEVEL

[B. A.] HOME ECONOMICS

CREDIT BASED SEMESTER SYSTEM PATTERN SYLLABUS

COURSE PLAN

SN	COURSE	SEMESTER	EVALUTION BY CREDIT BASE
01	B.A.I –	SEMESTER I, II	EDS
			- ONE THEORY PAPER
			- ONE PRACTICAL
			- INTERNAL ASSESSMNT
02	B.A.II –	SEMESTER III, IV	EDS
			- ONE THEORY PAPER
			- ONE PRACTICAL
			- INTERNAL ASSESSMNT
03	B.A.III –	SEMESTER IV, VI	EDS
			- ONE THEORY PAPER
			- ONE PRACTICAL
			- INTERNAL ASSESSMNT

GONDWANA UNIVERSITY GADCHIROLI

B.A. HOME ECONOMICS

Semester-I

PAPER – RESOURCE MANAGEMENT

+ IA -15]	[TH – 60 + Pr25
	Marks
TIME- 3 Hrs.	Internal Assessment: 15
	Practical Exam: 25 Marks
Marks	
FULL MARKS -100	Semester Exam: 60

OBJECTIVES:

To achieve the aim of quality education and model role in competitive global era, to acquire efficacy to cope with world-wide challenges, the following objectives are decided of Credit Based Grade System for B.A.I / Semester I / Home Economics / Program.

- 1. To recognize resources and their importance to gain personal, family and social goals.
- 2. To develop rational decision ability.
- 3. To realize the importance of management in daily routine.
- To apply principals of work Simplification, management and decision making in house for day to day life.
- 5. To develop the skill in use of colours with different colour schemes
- 6. To aware of basic elements and principles of arts.

COURSE CONTENT

UNIT-I-INTRODUCTION OF HOME ECONOMICS.

- 1.1 A brief Historical overview as a discipline
- 1.2 Definition & their Importance
- 1.3 Branches of Home Economics
 - a. Resource Management
 - b. Housing & Home furnishing
 - c. Human Development
 - d. Food Science and Nutrition
 - e. Textile and Clothing
 - f. Extension Education.
- 1.4 Contribution of Home Economics education to good home maker.
- 1.5 Decision Making
- 1.6 Type of decisions
- 1.7 Steps involved in decision making

UNIT – II

2.1 Resource Management

Family Resources - Definition, Type & Characteristics, factors affecting family resources.

2.2 Home Management

- Definition
- Process of Home Management Planning, Controlling, Evaluation

UNIT - III-

3.1 Work Simplification - Definition, importance, Improving Methods.

3.2 Time and Energy management - Definition, importance, Nature and demands of family life cycle stages, time & energy saving devices house hold equipments - electrical & non electrical and their merits and demerits.

UNIT – IV -

4.1 Elements of Arts	- Definition
	- Importance
	- Elements - Idea, Colour, Texture, Space, Line, Form,
	Pattern, Light .
4.2 Study of Colours -	
	- Classification
	- Colour wheel

- Colour schemes and its effects

PRACTICAL WORK

Time -3 Hrs

Marks- 25

1. Colour

Preparing Colour schemes

Monochromatic

Analogue

Complimentary

Triad

- 1.2 Computer application Use of Brush and Colour.
- Embroidery (any one) Stem stitch, Chain, Lazy-daisy, Feather stitch, Satin stitch, Button hole, Jardozi,

Cross stitch, Open work, Aari work, Long and short, Badla work

- 3. Visit to cottage Industry
- 4. Make any one article

Table cloth, Wall hanging, Apron, Siramic, fancy bag.

Practical Examination

Distribution of Marks Marks - 25 1) Colour scheme –any one 05 2) Embroidery Sample -one- two stitches 10 4) Viva-voice 05 5) Records Book & Visit report 05 Total - 25

Internal Assessment	15 Marks
1) Attendance	05
2) Home Assignment	05
3) Unit Test	05

Suggested books

- 1. Home management
- 2. Gruh kala ani Vyavastha
- 3. Embroidery
- 4. Design in art
- 5. Home Decoration
- 6. Home Economics part-I
- 7. Resource Management

GONDWANA UNIVERSITY, GADCHIROLI. **SUBJECT- HOME ECONOMICS**

FIRST B. A. / SEMESTER II

PAPER – HOUSING AND INTERIOR DECORATION

Semester Theory Exam:
Practical Exam:
Internal Assessment:

[TH – 60 + Pr. -25 + IA -15]

A] OBJECTIVES: The following objectives are decided for First B.A. / Semester II / Home Economics / Program in paper- Housing and Interiors enables the students.

- To recognize the importance of the housing needs principles and planning to gain 1. personal, family and social goals.
- To gain basic knowledge of the role in furnishing of residential houses for daily 2. family life satisfaction.
- To provide skills regarding methods of interior decoration. 3.
- To introduction job potentials in Home economics education to the students. 4.
- 5. To motivate and train the students for self employment.
- To develop skills of preparing flower bouquets/ baskets /arrangements, artificial 6. flowers and other useful items for decoration, selling to enhance employability.

COURSE CONTENT:

THEORY

UNIT-I-

1.1 FAMILY HOUSING NEEDS

- Protective, Economic, Affection, Social, Standard of living, Housing goals, Style, Junction, Occupation.
- Factors influencing selection & purchase of site for building a house
- Legal aspects, location, physical features, soil conditions, coast, services.
- Grouping of rooms, orientation, circulation, flexibility, privacy, spaciousness, service, aesthetics, economy, light & ventilation.

UNIT- II –

2.1 Furniture

- Style of furniture- traditional, Contemporary & Modern.
- Selection of furniture- Comfort, Rest, Relaxation for work & storage
- Arrangement of furniture for living, sleeping, dining & multipurpose rooms.
- Care of different types of furniture.

2.2 Home Furnishing -

Carpet and Rugs, Cartons

UNIT- III –

3.1 Principles of Arts –

a. Harmony, b. Balance, c. Proportion, d. Rhythm e. Emphasis

3.2 Flower arrangement –

- Definition
- material required for flower arrangement
- Art principles in flower arrangement
- Types of flower arrangement- Traditional, Japanese ,Miniature, Dry arrangement

UNIT- IV –

5. SELF EMPLOYMENT IN HOME ECONOMICS -

- Need of self employment in present situation
- Self employment potentials in Home Economics education
- 6. Guiding Principles while preparing for self employment
 - Registration
 - Training
 - Knowledge of equipment, their care & material required
 - Loan facilities

- Project report
- Account keeping
- Making the product- costing, labeling, packing

PRACTICAL WORK

- 1. Knitting samples [one sample each]
 - Border pattern
 - Cable pattern
 - Lace pattern
 - Double colour
- 2. Flower Arrangement
 - Bouquet- Artificial Flowers / Fresh Flowers
 - Floral Carpet Any Material / Rangoli
 - Dry Arrangement, Fresh Flower Arrangement, Artificial Flowers
- 3. Fabric Work
 - a. Tie and die
 - b. Brush painting
 - c. Block printing
 - d. Spray printing

PRACTICAL EXAMINATION

1) Knitting sample [any one]	
2) Flower arrangement	
Dry / Artificial	
3) Block Painting [any one]	
Brush Painting	
Spray Painting	
4) Viva-voice	05
6) Class Work & Record Book	

Internal assessment-

i) Attendance	05 marks
ii) Home Assignment	05 marks
iii) Unit Test	05 marks

Private Candidate and Practical Work

In regard to the Practical work the private candidate should be instructed to complete the practical prescribed in the syllabus in the college affiliated to the Gondwana University and where this subject is taught. The record book should be duly signed by the Head of the Department or Principal of the College.

Private candidate should write to the Principal concerned in June for Semester I and November for Semester II for information regarding the time of Practical classes which will be conducted for the private candidate.

Books Recommended

- 1. Gruha Vyvasthapan- Manju Patni
- 2. Awas Evam Gruha Sajja Karuna Sharma
- 3. Sajawatitil Saptranga Vaishali Shivte, Dr. J. Godsehy
- 4.Kautumbik Sansadhananche Vyvasthapan aaniGrusajawat- Triveni Farkade
- 5. Gruha Arthashastra Munshi, Bhagyalaxmi
- 6. Gruha Vyvasthapan aani Antarik sajawat- Wasu, Shama
- 7. Gruha Vyvasthapan aani Gruha Kala Limaye Shama
- 8. Gruha Vyvasthapan aani Gruha Kala Khadse, Indira