

# **GONDWANA UNIVERSITY GADCHIROLI**

## **B.A. Home Economics**

### **Semester – V**

#### **PAPER – Prenatal and Infancy Development**

FULL MARKS – 100

Semester Exam: 60 Marks

TIME –3 Hrs.

Internal Assessment: 15 Marks

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[TH – 60 + Pr.- 25 + IA = 15]

#### **OBJECTIVE:**

- To introduce the students to the field of child development. Its concept, scope, dimensions and interrelations.
- To sensitize the students to interventions in the field of child-development.
- To understand the biological and physiological foundation of development.

#### **Unit I**

- 1.1 Meaning, Definition, Importance of child development.
- 1.2 Definition and difference of Growth and Development and stages of development.
- 1.3 Principles of development.
- 1.4 Factors influencing growth and development.

#### **Unit II**

- 2.1 Heredity and Environment.

Heredity – Definition, mechanism of Heredity.

Environment – Definition, Influences of environment on child.

Relation of heredity and environment .

- 2.2 Female & Male Reproductive system

2.3 Prenatal Development – stages of prenatal development, sex determination,

Multiple Birth, Factors affecting prenatal development.

2.4 Premature Child – Causes, Characteristics and care.

### **Unit III**

Infancy (0-2 Years)

3.1 Immunization – Pregnant woman and child.

3.2 Infancy – Definition, Reflexes.

3.3 Sensory and perceptual development.

3.4 Development of different senses.

### **Unit IV**

4.1 Physical Development – Definition, Importance, Factor influencing physical

development.

4.2 Motor Development – Definition, Importance, Factor influencing motor development.

4.3 Emotional Development – Definition, Importance, Factor influencing emotional

development.

4.4 Speech Development – Definition, Importance, Steps of Pre-speech development

Speech defect.

## Practical

1. Diet for Pregnant Women – Vegetable Paratha, Koshimbir, Veg Pulao, Palak Paneer, Beet Burfi
2. Diet for Lactating Women – Gum Laddu, Aaliv Kheer ,Mung Dhirdi,
3. Diet for Infants – Veg Daliya. Wheat Floor-Jaggery Halwa,
4. Drafting and Stitching – (0-1year) Zabla, Bib, Nicker.

### Practical Exam

25 Marks

- |   |    |
|---|----|
| 1. Cooking – Preparation of two dishes    | 10 |
| 2. Drafting and stitching any one garment | 10 |
| 3. Viva                                   | 03 |
| 4. Record Book                            | 02 |

### Internal Assessment

15 Marks

- |                      |    |
|----------------------|----|
| 1. Unit test -       | 05 |
| 2. Attendance -      | 05 |
| 3. Home Assignment - | 05 |

# **GONDWANA UNIVERSITY GADCHIROLI**

## **B.A. Home Economics**

### **Semester – VI**

#### **PAPER – Child Development**

FULL MARKS – 100

Semester Exam: 60 Marks

TIME –3 Hrs.

Internal Assessment: 15 Marks

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[TH – 60 + Pr.- 25 + IA = 15]

#### **OBJECTIVE:**

- To appreciate sequential ages of development during child-hood.
- To sensitize students about child-hood behavior problems.
- To understand and appreciate the importance of parent-child relationship.
- To develop in students creative ability related to children- leading to enhanced employability.

#### **Unit I**

Early Child-hood (2-6Years)

- 1.1 Characteristics, Developmental tasks, Motor skills
- 1.2 Moral Development – meaning, importance, factors influencing moral development.
- 1.3 Intellectual Development – meaning, importance, factors influencing intellectual development.

#### **Unit II**

- 2.1 Social Development – meaning, importance, factors influencing social development.
- 2.2 Play, its importance and types. Leadership.
- 2.3 Interests- Origin & Method- Motivation, Guidance, Opportunities  
Hazards – Physical & Psychological

Happiness

### Unit III

3.1 Childhood Behavior Problems: Its causes & remedies.

Temper tantrums, Bed wetting, Thumb sucking, Stealing, Lying, Pica, Day-dreaming, nail-biting.

3.2 Discipline – types, merits and demerits, Significance of punishment and rewards.

### Unit IV

1.1 Parenting and Parents-child relationship: Importance, need for desirable child rearing practices.

1.2 Infant Mortality, Maternal Mortality – causes & remedies.

1.3 Juvenile Delinquency – Definition, causes, prevention.

### Practical

1. Diet for Preschool child - Sandwiches, Fruit salad, Dahiwada Tilgul-groundnut laddu / Moha Chikki, Veg Aappe.
2. Diet for School going children – Coconut Biscuits, Milk shake, Mung pakoda, Veg Cutlet,
3. Knitting baby set (1-2 Years) – Sweeter, Bonnet, Socks.

### Practical Exam

**25 Marks**

- |  |   |    |
|--|---|----|
| 1. Cooking – Preparation of two dishes – |   | 10 |
| 2. Knitting (any one)                    | - | 10 |
| 3. Viva                                  | - | 03 |
| 4. Record Book                           | - | 02 |

## Internal Assessment

15 Marks

1. Attendance	05
2. unit test	05
3. Home Assignment	05

## Practical Work

In regard to the Practical work the private candidate should be instructed to complete the practical prescribed in the syllabus in the college affiliated to the Gondwana University and where this subject is taught. The record book should be duly signed by the Head of the Department or Principal of the College.

Private candidate should write to the Principal concerned in June for Semester V and November for Semester VI for information regarding the time of Practical classes which will be conducted for the private candidate.

## Suggested Readings:

1. Speaking of child care, Every thing you wanted to know.(Gupta (1991) 2<sup>nd</sup> Ed. New Delhi, Starling.
2. Child rearing and psycho-social development. New Delhi : Lidhop M (1987) Ashish Publication.
3. Family interaction : Bahr S.J.(1989) N.V. Macmillan
4. Human Development : Rice F.P. (1995) New Jersey : Prentics Hill.
5. Moral Values in Child development .Dutt, S. (1998) New Delhi- Anmol
6. Child Development : Elizabeth Hurlock
7. Child growth and development : Elizabeth Hurlock